

Sport ...

 unites people

 builds friendships

 means exercise for all

 is practiced together

 promotes health

 educates through social and
intercultural learning

Sport in Bonn

- You would like to take exercise? You would like to take part in sport? You have heard of a new sport?
- You are looking for a sports course or an established sports group you can join?
- Your child is interested in football or basketball or would like to take up dancing or gymnastics?
- You would like to be part of a sports club and are looking for the right club for you and your family?
- You find it important that your children learn the rules of sport and to act with fairness to one another, but also to share successes and misadventures?
- You are interested in taking part in sport with your fellow citizens in Bonn, both those with and those without a migration background?

There are many early opportunities for **toddlers** and **children**, for example parent/child gymnastics, children's gymnastics, water acclimatisation, children's swimming or football, allowing them to become accustomed to sport, exercise and being together from the onset. This is necessary for their health and the growing up process and is also fun!

Older **children** and **adolescents** will then be able to choose particular sports. There are team sports, such as football or basketball, but also individual sports such as fencing, boxing, water sports and many more.

For **adults**, there are also many health sports courses in addition to the general leisure sports courses. You can improve your health through spinal gymnastics, back fitness programmes or water gymnastics. Many of these offers are also suitable for sports beginners. Some of these offers are specifically targeted at **migrants**.

As you can see, there are many opportunities to take part in sports. Make use of them! The most important **answers** and **contact persons** are contained in this flyer, allowing you to find the right offer for you and your family.

Sports Clubs in Bonn

There are approximately **280** large and small **sports clubs** in Bonn. Incidentally, some of these were founded by migrants! These sports clubs have over 150 different sports on offer. There is sure to be something to suit everyone in Bonn!

Anyone can become a member of a **sports club**. Members pay a monthly or annual subscription and may make use of the opportunities on offer. Many sports clubs also offer family discounts if the whole family wishes to take part in the sports available at the club.

In most clubs, there is the possibility of participating in a **taster session free of charge**.

The sports clubs can provide you with information on the precise costs.

The Federal Government's **education and participation package** makes it possible for fees in respect of children and juveniles up to the age of 18 years to be met, subject to you making an appropriate application.

Information and applications:

Stadt Bonn
Amt für Soziales und Wohnen
Servicestelle Bildung und Teilhabe
Hans-Böckler-Str. 5
53225 Bonn
Tel.: 02 28-77 49 49
Email: BildungundTeilhabe@bonn.de

Incidentally:

In every part of Bonn, there are many sports and exercise opportunities offered by sports clubs, but also other providers, such as youth clubs, charities, churches and migrants' organisations.

Please find a list of **contact persons** and **points of contact** for all questions regarding sport. Please drop in, send us an email, phone us or visit us on the Internet!

Stadt sportbund Bonn e.V.

Am Frankenbad 2, 53111 Bonn

Tel.: 02 28-9 65 47 63

Email: kontakt@ssb-bonn.de

Web: www.ssb-bonn.de

Stadt Bonn

Sport- und Bäderamt

Kurfürstenallee 2-3, 53177 Bonn

Tel.: 02 28-77 32 67

Email: sportamt@bonn.de

Web: [www.bonn.de/
tourismus_kultur_sport_freizeit](http://www.bonn.de/tourismus_kultur_sport_freizeit)

For special questions and issues affecting you as a non-native citizen of Bonn, please contact:

Stadt Bonn

Stabsstelle Integration

Altes Rathaus, Rathausgasse 5-7, 53111 Bonn

Tel.: 02 28-77 31 01

Email: integrationsbeauftragte@bonn.de

Web: www.integration-in-bonn.de

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